

Plenty of Delicious Dining Options Offer Something for Every Guest at the Disneyland Resort

ANAHEIM, Calif. – From fast-casual fare to haute cuisine, the menu of dining options at the Disneyland Resort offers something for every guest. Here, waffles with the Disney characters are as celebrated as the spectacular creations at Carthay Circle Restaurant and Lounge.

“We offer innovative cuisine from our award-winning chefs that match our guests’ desire for elegant dining,” said Gary Maggetti, director of food and beverage integration at the Disneyland Resort. “But you can still find the Disneyland classics, from the Café Orléans Monte Cristo to Plaza Inn’s fried chicken.”

The rise in fine dining at the Disneyland Resort is often an unexpected delight. At the hotels, top award winners are **Napa Rose** at Disney’s Grand Californian Hotel & Spa and **Steakhouse 55** at the Disneyland Hotel. A stellar wine program has elevated the quality of dining service throughout the Resort, with trained sommeliers in restaurants including Napa Rose, Steakhouse 55 and **Storytellers Cafe** at Disney’s Grand Californian Hotel & Spa, and Carthay Circle Restaurant and Lounge at Disney California Adventure Park.

Healthful Initiatives

Even though vacation may be a time for indulgence, Disneyland chefs provide healthful options. For lifestyle dining options, or for requests from guests with food allergies or intolerances, there are a wide range of choices, from kosher to gluten- and sugar-free.

For families, the Mickey Check makes it easy to identify healthier food options in the all of the Walt Disney Parks and Resorts, part of an ongoing program that launched in 2006 with nutrition guidelines. Choices that receive the Mickey Check must meet Disney Nutrition Guidelines that limit calories, saturated fat, sodium and sugar. For example, Blue Bayou Restaurant in Disneyland Park now offers seared salmon, spaghetti, broccolini and fresh fruit for kids. (Kids’ Complete Meals must be ordered without substitutions and include at least three of the following food groups: fruits and vegetables; low-fat dairy; whole grains; or lean protein, beans, eggs and nuts.)

The Mickey Check also appears on some Disney-licensed food products sold at retail locations, on qualifying recipes at Disney.com and Family.com, and on menus at quick-service restaurants at the Disneyland and Walt Disney World resorts.

Theme Park Eats

At Disney California Adventure, **Carthay Circle Restaurant and Lounge** is designed to be one of the premier dining locations at the Disneyland Resort. The cuisine is the star, with artisan ingredients, locally sourced produce, seafood and meats from throughout Southern California.

Also found on Buena Vista Street are three spots for quick bites: **Fiddler, Fifer & Practical Cafe** with Starbucks coffee drinks and breakfast sandwiches; **Mortimer’s Market** with whole and cut fruits, bottled water, juices and soft drinks; and **Clarabelle’s Hand-Scooped Ice Cream**.

The new Cars Land has three spots for guest to fuel up: **Flo’s V8 Cafe** with an on-stage rotisserie and house-made pies; **Cozy Cone Motel** with tasty cone-theme treats from churro bites to chili “cone” queso; and **Fillmore’s Taste-In** with whole and cut fruits, bottled water, juices and soft drinks.

Also at Disney California Adventure, guests can grab a sandwich or sweets at **Pacific Wharf Café**. **Cocina Cucamonga Mexican Grill** offers tacos with steak, pork, grilled chicken or fish. Hearty Asian creations are served at **Lucky Fortune Cookery**, with beef, chicken or tofu with vegetables, rice and your choice of four sauces.

The dining pavilion in Paradise Pier provides plenty of seating and two restaurants. **Boardwalk Pizza & Pasta** offers something for everyone, from hearty pasta dishes to delicious salads and flatbread pizzas with flavors from traditional cheese to Portobello mushroom and spinach with pesto. Next door, **Paradise Garden Grill** offers a Mediterranean spin with chicken, beef, vegetable and tofu skewers served with a choice of sauce, including Moroccan chili tomato and tandoori-spiced yogurt. Refreshing Greek salads and a kid's menu also are available

Corn Dog Castle serves a popular beach snack in two flavors, original and hot link. **Bayside Brews** offers domestic and specialty beers on tap for guests 21 years of age and older, along with a selection of non-alcoholic beverages and warm, salted pretzels

To while away a lunch, dine al fresco at **Wine Country Trattoria** at the Golden Vine Winery, with a menu of pastas, grilled sandwiches and California wines by the glass. At dinner, the menu adds balsamic-braised short ribs, herb-roasted chicken breast and braised lamb shank.

The lively **Ariel's Disney Princess Celebration at Ariel's Grotto** is one of this park's most-requested reservations for breakfast and lunch with Ariel, Snow White, Belle, Cinderella and Sleeping Beauty greeting guests at every table. (Dinner does not include Disney characters.)

In **Disneyland Park**, favorite quick bites include Starbucks coffee and sweet treats from **Market House** on Main Street, U.S.A.; cheddar cheese and broccoli soup and grilled salmon salad from the **Harbour Galley** in New Orleans Square; sandwiches and sweets from the **Jolly Holiday Bakery Cafe** on Main Street, U.S.A.; easy-to-eat skewer snacks at **The Bengal Barbecue** and the legendary Dole Whip at the **Tiki Juice Bar** in Adventureland; Mickey-shaped beignets and funnel cake from the **Mint Julep Bar** in New Orleans Square; hot pizza from **Redd Rockett's Pizza Port** and a grilled vegetable sandwich from **Tomorrowland Terrace**, both in Tomorrowland.

For a relaxing meal, spots such as **Carnation Café** on Main Street, U.S.A., serve generous salads and the legendary loaded baked potato soup, along with Walt's favorite meatloaf and fried chicken. Barbecued ribs and chicken are found at **Big Thunder Ranch Barbecue** in Frontierland (barbecued tofu and veggie skewers, too).

Enchanting **Blue Bayou Restaurant** in New Orleans Square, one of the most-requested reservations, offers diners specialties such as gumbo, jambalaya and filet mignon. Casual, family-friendly eats are on the menu at **Plaza Inn** on Main Street, U.S.A., and **River Belle Terrace** in New Orleans Square, where Walt himself enjoyed breakfast on Sundays. For authentic Mexican, **Rancho del Zocalo Restaurante** in Frontierland dishes up taco and burrito platters. Out-of-the-way **Hungry Bear**, nestled in the shady trees in Critter Country, is a favorite for Disney fans who recommend the burgers and the view on the riverfront.

Dining With Characters

For a leisurely way to enjoy a delicious meal and time with Disney characters as they stop by each table for photos and autographs, make reservations for a Character Dining Experience. These include:

- Disneyland: **Plaza Inn** on Main Street, U.S.A., daily **Minnie & Friends – Breakfast in the Park**.
- At Disney California Adventure: **Ariel's Disney Princess Celebration at Ariel's Grotto**, with Snow White, Belle, Sleeping Beauty and Cinderella at breakfast and lunch.
- At the hotels: **Chip 'n Dale Critter Breakfast at Storytellers Cafe** offers a delicious breakfast buffet, while Goofy and his pals entertain at **Goofy's Kitchen** at the Disneyland Hotel for daily brunch and dinner. At Paradise Pier, Mickey Mouse and friends entertain at the **Surf's Up! Breakfast with Mickey and Friends in Disney's PCH Grill**.

Priority Seating is recommended, by calling Disney Dining, 714-781-DINE (714-781-3463). Guests may also use the Check Availability tool on [Disneyland.com](https://www.disneyland.com) to find a table and book online.

Downtown Disney District

Diverse flavors offer a variety of choices for any palate in the Downtown Disney District, from spicy pasta jambalaya and andouille-crusted mahi mahi at **Ralph Brennan's Jazz Kitchen** to Irish salmon and braised Angus short ribs at **Catal Restaurant**. The Downtown Disney District is conveniently located just outside the theme parks and near the hotels.

Hearty dishes (and 175 TV screens, including the ones in the restrooms) give **ESPN Zone** diners plenty of energy for the restaurant's interactive ESPN Zone Sports Arena. Nearby, **House of Blues** has diners digging in to baby back ribs and pan-seared voodoo shrimp. For California-inspired cuisine, take a seat at **La Brea Bakery**, and try a grilled panini or homemade soup.

For Mexican, it's **Tortilla Jo's** handmade tortillas; for Italian, **Naples Ristorante e Pizzeria** and adjacent **Napolini** for thin-crust pizzas, pastas, soups and sandwiches. Kids love the tropical storms, waterfalls, aquarium and live parrots at **Rainforest Cafe**, where guests enjoy choosing from more than 50 varied items on the menu.

The Downtown Disney **Starbucks** location brings one of the coffee company's most engaging experiences to guests with technology and content designed specifically for this store, including an interactive touch screen and 10-foot video installation. In addition to its regular beverage and food selection, the store offers some of the rarest coffees available.

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About the Disneyland Resort

The Disneyland Resort features two spectacular theme parks – Disneyland (the original Disney theme park) and the reimagined Disney California Adventure Park – plus three hotels and the Downtown Disney District, comprised of unique dining, entertainment and shopping experiences. The Resort's hotels are the luxurious, 948-room Disney's Grand Californian Hotel & Spa, which also features 50 two-bedroom equivalent Disney Vacation Club units; the magical 973-room Disneyland Hotel – both AAA Four Diamond properties – and the 481-room Disney's Paradise Pier Hotel with its "day-at-the-beach" fun. For information on attractions and vacations at the Disneyland Resort, visit Disneyland.com, call (866) 43-DISNEY or contact local travel agents.

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